

The TAVY 5k

A **TAVISTOCK** Athletic Club Production

Results

* Records: CR = Course Record; ACR = Age Category Record

18 May 2019

Pos.	Time	Forename	Surname	Club	Age Cat.	Age Cat. Pos.	Age Grade Perf.	Records *
1	17:17	Charlie	Gibbard	Tavistock Run Project	Sen M	1	77.15%	
2	17:39	John	Porter	Plymouth Harriers	Vet 45 M	1	81.59%	
3	17:50	Edward	Horn	Launceston RR	Sen M	2	72.90%	
4	17:51	Steve	Burrows	Erme Valley Harriers	Vet 40 M	1	78.80%	ACR
5	18:41	Rob	Williams	Plymouth Harriers	Vet 35 M	1	70.56%	
6	19:02	Matthew	Head	Cornwall AC	Sen M	3	67.78%	
7	19:35	Michael	Chandler	Bristol & West	Sen M	4	66.64%	
8	19:59	James	Shaw	Launceston RR	Vet 40 M	2	68.31%	
9	20:03	David	Harris	Tavistock AC	Vet 55 M	1	77.31%	
10	20:07	Elyse	Kedzior-MacDonough	Tavistock AC	U17 W	1	77.05%	
11	20:32	Jane	Allison	Tamar Trail Runners	Vet 45 W	1	78.08%	ACR
12	20:38	Ruaridh	Cassidy	Unattached	Vet 40 M	3	67.69%	
13	21:04	Kirsty	Prowse	DSFRS RC	Sen W	1	70.41%	
14	21:23	Harrison	Shaw	Unattached	U10 M	1	79.58%	
15	21:33	Peter	Bazley	Tavistock AC	Vet 60 M	1	76.41%	
16	21:43	Richard	Greaves	Unattached	Vet 55 M	2	73.22%	
17	22:08	Peter	Mcaughley	Launceston RR	Vet 45 M	2	66.11%	
18	22:42	Phillip	Blackwell	Unattached	Vet 50 M	1	67.11%	
19	23:08	Ella	Shaw	Tavistock AC	U13 W	1	71.90%	
20	23:10	Louisa	Shaw	Launceston RR	Vet 35 W	1	65.32%	
21	23:38	Paul	Lawrence	Unattached	Vet 40 M	4	58.18%	
22	23:59	Mike	Beattie	Tavistock AC	Vet 65 M	1	72.69%	
23	24:24	Jennifer	West	Unattached	Vet 45 W	2	65.71%	
24	24:28	Nicola	Noble	Plymouth Harriers	Sen W	2	60.63%	
25	24:35	Sarah	Turner	Unattached	Vet 35 W	2	61.56%	
26	24:57	Tom	Gribble	Launceston RR	Sen M	5	54.11%	
27	25:04	Geoffrey	Honey	Plymouth Harriers	Vet 65 M	2	69.55%	
28	25:20	Karen	McClung	Tavistock Triathlon Club	Vet 50 W	1	68.75%	
29	25:20	Lisa	Burnham	Plymouth Harriers	Vet 35 W	3	60.00%	
30	26:17	Dave	Brown	Unattached	Vet 40 M	5	52.69%	
31	26:28	Keri	Bryant	Unattached	Sen W	3	56.55%	
32	26:56	Claire	Anthony	Unattached	Vet 40 W	1	57.12%	
33	26:57	Trevor	Grigg	Tavistock AC	Vet 60 M	2	61.10%	
34	26:58	Jack	Anthony	Unattached	U10 M	2	69.34%	
35	27:12	Robert	Mills-Hicks	Tavistock AC	Vet 50 M	2	55.09%	
36	29:03	Rachel	Kilpatrick	Plymouth Harriers	Vet 40 W	2	53.76%	
37	29:19	Lucy	Barrett-Love	Unattached	Vet 40 W	3	52.47%	
38	29:32	Lorena	Merrett	Tavistock AC	Vet 65 W	1	72.97%	
39	29:41	Jan	Sainsbury	Tavistock AC	Vet 55 W	1	62.66%	
40	30:49	Helen	de Carles	Tavistock AC	Vet 60 W	1	62.95%	

41	31:01	Anne	Goodman	Launceston RR	Vet 55 W	2	59.16%	
42	31:46	Annette	Smith	Unattached	Vet 65 W	2	65.79%	
43	32:58	Katherine	Anness	Unattached	Vet 35 W	4	45.65%	
44	33:14	Cynthia	Squance	Tavistock AC	Vet 60 W	2	57.57%	
45	33:15	Greg	Jones	Unattached	Vet 35 M	2	40.45%	
46	33:18	Katie	Russell	Tavistock AC	Vet 40 W	4	45.95%	
47	33:24	Deborah	Lavers	Unattached	Vet 35 W	5	45.31%	
48	33:49	Marian	Stratton	Tavistock AC	Vet 60 W	3	57.37%	
49	33:55	Gerald	Lipscombe	Unattached	Vet 50 M	3	44.57%	
50	35:53	Charlotte	Cann	Launceston RR	Vet 45 W	3	44.26%	
51	36:28	Jessica	Batten	Unattached	Sen W	4	40.59%	
52	36:28	Nicholas	Batten	Unattached	Vet 50 M	4	40.77%	
53	36:52	Benjamin	Love	Unattached	Vet 40 M	6	37.88%	
54	36:53	Rachael	Coombes	Unattached	Vet 40 W	5	41.48%	
55	38:01	Sandra	Fisher	Launceston RR	Vet 55 W	3	48.27%	
56	43:00	Jane	Bickley	Unattached	Vet 45 W	4	36.94%	